



# THURMONT UNITED METHODIST CHURCH

## AUGUST NEWSLETTER



Rev. Dr. Kenneth J. Fizer, Jr.  
Cell 301-991-7839  
kfizer@minister.com



Sunday Worship Times:  
Traditional - 9am  
Sunday School - 9-10am  
Contemporary - 10:30am

**Thurmont United Methodist Church**  
**13880 Long Road**  
**Thurmont, MD 21788**  
**Office - Monday-Thursday, 9-1pm**  
**301-271-4511**



Email: [Office@ThurmontChurch.org](mailto:Office@ThurmontChurch.org)  
Website: [ThurmontChurch.org](http://ThurmontChurch.org)  
Instagram: Thurmont UMC  
YouTube: [ThurmontUnitedMethodistChurch](https://www.youtube.com/ThurmontUnitedMethodistChurch)  
Facebook: [ThurmontUnitedMethodistChurch](https://www.facebook.com/ThurmontUnitedMethodistChurch)

**Our Mission Statement**  
***"To make disciples of Jesus Christ for the transformation of the world"***

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# AUGUST 2020

	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Lana 9-1pm Sanctuary Pavilion Rental 5-11pm
<b>2</b> 9:00 Traditional Service 10:30 Contemporary Service Live Stream - Website & FB Youth Grp 6-7:30pm, Pavilion	<b>3</b> CC 6-7:30pm	<b>4</b>	<b>5</b> Clothes Closet Mtg 7pm SH	<b>6</b> Women's Life Grp 9:30am SH	<b>7</b>	<b>8</b> Lana 9-1pm Sanctuary
<b>9</b> 9:00 Traditional Service 10:30 Contemporary Service Live Stream - Website & FB Youth Grp 6-7:30pm, Pavilion	<b>10</b> Council Mtg 7pm SH	<b>11</b> Finance Mtg 6:30pm SH Trustee Mtg 7pm SH CC 10-11:30am	<b>12</b>	<b>13</b> Women's Life Grp 9:30am SH	<b>14</b>	<b>15</b> Lana 9-1pm Sanctuary CC Post-Season Give-Away 8am-2pm, Pav
<b>16</b> 9:00 Traditional Service 10:30 Contemporary Service Live Stream - Website & FB Youth Grp 6-7:30pm, Pavilion	<b>17</b> Missions Mtg 2pm SH	<b>18</b>	<b>19</b> PK Bible 7-8:30pm SH	<b>20</b> Women's Life Grp 9:30am SH	<b>21</b>	<b>22</b> Lana 9-1pm Sanctuary
<b>23</b> 9:00 Traditional Service 10:30 Contemporary Service Live Stream - Website & FB Youth Grp 6-7:30pm, Pavilion	<b>24</b> CC 6-7:30pm	<b>25</b>	<b>26</b> PK Bible 7-8:30pm SH	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b> 9:00 Traditional Service 10:30 Contemporary Service Live Stream - Website & FB Youth Grp 6-7:30pm, Pavilion	<b>31</b>					

## A WORD FROM PASTOR KEN

Dear Thurmont UMC Family & Friends,

### *Life is a balancing act.*

We were created for balance. God worked six days and rested on the seventh. Notice that God created day and night. The day was for working. The night was for resting. But we are not content with that. Now our stores are not only staying open seven days a week, but some are staying open twenty-four hours a day. But we were not created to go twenty-four hours a day, seven days a week. Notice that God created us so that we would spend about a third of every day sleeping. We are created for balance -- for working and relaxing; for business and for family, for socializing and for spending time alone with God. Any time our life gets out of balance, we pay a price. Jesus never meant for us to neglect our need for leisure, for rest, for family, for friends.

### **One of the great needs each of us has is to spend time alone with God.**

One of the things that happens when we as a church have an imbalanced Christian faith is that other groups come in and meet needs we have neglected. One of the hottest movements in our society is that of spending time in meditation. This movement is coming not from the Christian community, but from without -- from the New Age movement and from Eastern religions. Yet, meditation has a rich history within the Christian community. It is a history we have neglected. We, have been so busy that we have neglected our own need to spend time in a quiet place with God.

One of the reasons we gather for worship each week is for the refreshment of our spirits. We need to shut the world out and focus our attention on God's presence in our lives. Jesus knew the value of getting away to a quiet place. I hope you have built in some time to get away this summer. Vacations are great. But vacations are not enough. Jesus is talking about building into our lives a natural rhythm of work, worship, and rest. Being with people and finding a place of solitude.

Peace & Grace,  
Pastor Ken

## Update from Pastor Ken

Dear Thurmont Family & Friends,

During the month of August, we will continue to worship outside around the church pavilion at 10:30am on Sundays. TUMC is blessed to have such a great outdoor space. We will continue to practice social distancing guidelines. So bring your lawn chair and prepare to gather.

For folks who prefer listening to organ music we are holding our 9:00am traditional worship service too. Because this service will be in the sanctuary, we will be required to wear a mask, practice social distancing, and there can be no singing. Yet, there will be prayers, Scripture, and a message, and we will celebrate Holy Communion in the pews together. I'm excited to offer both worship experiences. And if you are uncomfortable about gathering -- no worries! We will still be live streaming on Facebook, Instagram, and uploading to YouTube and at [www.ThurmontChurch.org](http://www.ThurmontChurch.org). See you soon!

Grace & Peace,  
Pastor Ken



## A Word from Your Lay Leader

David said to the Philistine “You come against me with Sword and Spear and Javelin, but I come against you in the name of the Lord Almighty the God of the Armies of Israel, whom you have defied. This day the Lord will deliver you into my hands.”

1 Samuel 17:45-46

David was able to defeat Goliath that day because he knew he was not doing it by his own strength but by the strength and power of the Lord God Almighty, the God of Israel. David also spoke in the Psalms in Chapter 18:17 where he said. “God reached down from on high and took hold of me; he drew me out of the deep waters. He rescued me from my powerful enemy, from my foes who were too strong for me.”

Also in Ps. 20:7 “Some trust in chariots and some in horses but we will remember the name of the Lord our God.”

We all have giants in our lives we have to face, especially with what is going on in our country today and the world around us. I want to encourage you today that even though you and I aren't big enough to conquer all of our problems on our own, that we serve and know a God that is bigger than any giant we will ever face in this life. We have the Spirit of that God living within us because of what Jesus has done for us. That Spirit is the same power that raised Christ from the Dead.

Someone once said “If God brings you to it; He will bring you through it.”

God Bless

Tim Olsen, Lay Leader



**WEDNESDAY NIGHT BIBLE STUDY  
IS BACK!**

Come join us starting on Wednesday, August 19th as we journey through some of St. Paul's New Testament Letters:

Philippians

Colossians

1 & 2 Thessalonians

1& 2 Timothy

Titus

Philemon

Classes will be held on Wednesday's @ 7:00pm to 8:30pm  
in the Social Hall.

Please sign-up if you are interested.

## TUMC COMMUNITY CLOTHES CLOSET

The Clothes Closet is hosting a “Post-Season Give-Away” in the church pavilion August 15<sup>th</sup> from 8 am- 2 pm. We are asking that it be adults only, and everyone wears masks as they would when the Clothes Closet is normally opened. We have a ton of extra summer clothing from not being open during quarantine. We want to give everyone a chance to get some clothes if they need it. Everything is free, and everyone is welcome. We are going to place a donation jar at the pavilion, but there are no prices and donations are not necessary to shop.

We need sorters to help us go through the donations on Monday mornings. Time requirement approximately 2 hours, 7am/7:30am until 9:30 am. If you are interested talk to someone in the Clothes Closet.



The Clothes Closet has been successful since opening with our COVID-19 guidelines. We are still sticking to these Guidelines as we move into the month of August. If anyone at the church has a need please contact Denise Bentley or Sandy Moser to set up a time to shop.



### CLOTHES CLOSET HOURS

**CHURCH FAMILY: EVERY SUNDAY, 9:30am - Noon**

**1st & 4th MONDAY - 6:00 - 7:30pm**

**3rd TUESDAY - 10:00 - 11:30am**

**Emergency needs, please call the church office**

**Monday - Thursday 9am-1pm, 301-271-4511**



# SMALL GROUPS

TUMC have many groups to choose from if you are looking at deepening your relationships with your church family and with God, but do you see a need for a group that isn't already covered? Do you have an idea for starting a group geared toward a specific age group or life situation (parenting, aging, health, stay-at-home moms, etc.?) If so, talk to Pastor Ken.

These groups fellowship together and pray with each other every week.

**Adult Sunday School** meets on Sunday mornings 9-10am, Adult Classroom 1, downstairs. Call C. J. Cordell at 301-606-1446.

**Youth Group** meets on Sunday evenings 6-7:30pm, church pavilion.

**The Olsen Life Group** meets on Tuesdays, 6:30-8pm. Individual devotionals on different subjects and how they pertain to our daily lives. Call Tim Olsen at 301-271-2576. (suspended for now)

**Bible Study with Pastor Ken** meets on Wednesdays 7-8:30pm in social hall. Call Pastor Ken, 301-991-7839.

**Fellowship & Bible Study** meets on Thursdays, taking summer break, will resume in September. Call Dorothy Moser at 301-271-9104.

**The Women's Life Group** meets on Thursdays in church social hall at 9:30am. Currently studying Ephesians. Call Annette at 301 271-6931.

## TUMC COMMUNITY CLOTHES CLOSET

### POST-SEASON GIVE-AWAY

SATURDAY, AUGUST 15TH

CHURCH PAVILION

8AM - 2PM





**PRAYERS FOR OUR COLLEGE STUDENTS,  
MILITARY, AND FIRST RESPONDERS**

**COLLEGE STUDENTS** - Whether they are away from home or commuting, please keep our college students in your prayers. Knowing they have someone praying for them can make all the difference.

Lauren Ames	Alex Bennett	Elizabeth Burch	Carly Crone
Sarah Fizer	Hannah Hartness	Joshua Head	Kerra Irons
Hannah Johnson	Morgan Koch	Caleb McCleaf	Josh McCleaf
Meagan Mongold	Sydney Willard	Madison Williams	Isabel Rozo

**MILITARY** - Please keep all our Military in your prayers. Whether they are home or away, active or retired, they still need our prayers. They have served our country well and we will remember them in prayer.

Steven Clarke, PFC son of Charles and Tammy Clarke. Steven is state side, awaiting assignment.

Recruit Noel Romero, son of Daniel and Melissa Romero, address:  
Lima Co. 3rd RTBN Platoon 3066  
Box 16340  
Parris Island, SC 29905-6340

Shirley Green's daughter SSC Lindsey Campbell and her husband SSG Michael Campbell both Army National Guard.

**ALL MEDICAL PERSONNEL, FIRST RESPONDERS, POLICE,  
FIREFIGHTERS, & RESEARCHERS** - Continued prayers of faith and healing for our country and development of a vaccine to control this deadly virus.

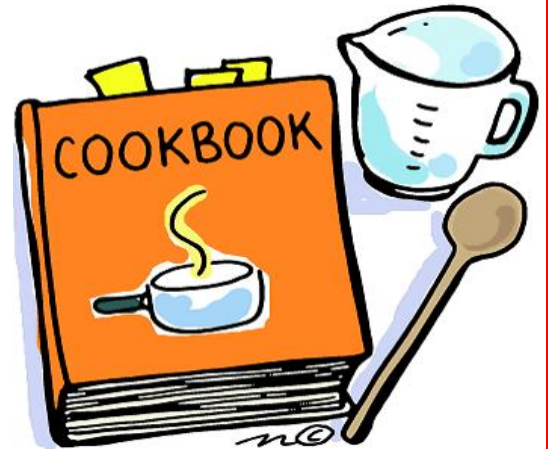
Please notify the church office with any updates.

# MISSIONS

## TUMC COOKBOOK

On the list for our 20/20 Vision was to do a cookbook as a fundraiser. We have a committee and are ready to start. Now comes the fun part. We need your recipes. Please go through your favorite recipes and copy them for us. They do NOT need to be original recipes. We aren't saying you invented the recipe, we are saying this is one of your faves and you want to share it with every-

one. It works easier if you give me a photocopy or a written copy of your recipe. Do you have an award winning recipe? Did you win at the Chili Cook Off? The Community Show? The Great Frederick Fair? Submit all those recipes. I think it would be nice if we included gluten free, diabetic, heart smart and any other healthy recipes you may have. Do you have a secret recipe for getting out stains? Or an environmentally friendly recipe for bug control. How about Grandma's sugar cookies? Or dad's famous fudge? Maybe they aren't around anymore and this is a great way to remember them. We will put in the name of the person who submitted the recipe but we can add grandma's name too. Submit your recipes to Shirley Greene. Happy Cooking!



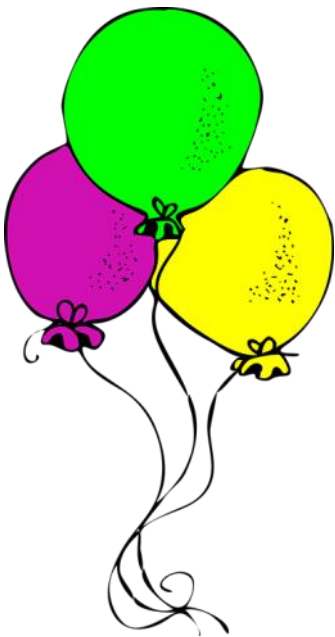
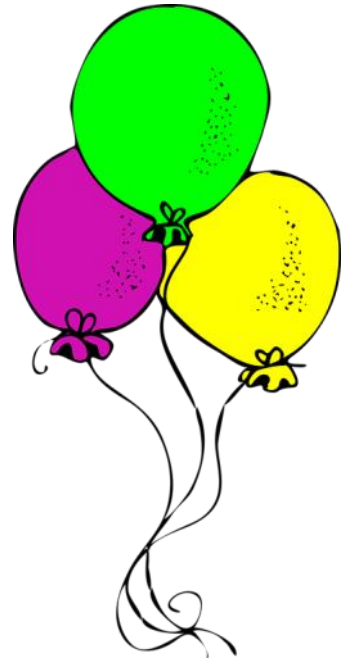
### Thurmont Food Bank

Thurmont Food Bank is always in need of food. If you have extra from your home garden, the food bank is more than willing to accept it along with the regular donations from the grocery store. We are still a drop off location located under the coat rack, anything left will be taken to them for distribution. Since we are meeting outside, donations can be left on the first table and it will be delivered for you. Thank you for all your contributions.



## AUGUST

Ashley	Mongold	1st
Dalton	Rippeon	2nd
Sue	Ferguson	3rd
Brody	Buffington	3rd
Asa	Trivette	5th
John	Irons	6th
Brad	Davis	11th
Lydia	Davis	11th
Madison	Williams	13th
Ryder	Fraley	14th
Clarice	Martin	18th
Matthew	Smith	18th
George	Lear	20th
Brittany	Smith	21st
Alexandra	Hahn	22nd
Jim	Swanson	22nd
Carie	Stafford	22nd
Wesley	Angleberger	23rd
Robert	Brown	24th
Christina	Kaas	24th
Stephen	Ness	25th
Emma	Magers	26th
Arthur	Trivette	26th
Eileen	Waesche	27th
Angie	Wilhide	28th
Delores	McCleaf	29th
Morgan	Kock	30th
Kerra	Irons	30th



# A Prayer For Strength

*Anonymous*

O Lord,  
In this time of need, strengthen me.  
You are my strength and my shield;  
You are my refuge and strength, a very present help in trouble.

I know, Father, that Your eyes go to and fro throughout the earth  
to strengthen those whose hearts long for You.

The body grows weary,  
but my hope is in You to renew my strength.

I do not fear, for You are with me.  
I am not dismayed or overwhelmed,  
for You are my God.

I know You will strengthen me and help me;  
that You will uphold me with Your righteous hand.

Even as the shadows of illness cover me,  
I feel the comfort of Your strength, O Lord.  
Amen.